

Infrared Sauna



Why Infrared Sauna

Escape the stress, reclaim your peace, and enjoy some “me” time inside a peaceful wellness sanctuary. No harsh, suffocating air. Enveloped in gentle, effective far infrared heat, you’ll enjoy a deep cellular detox and support your overall health in comfortable warmth.

What does an Infrared Sauna help?

- Circulation
- Digestion
- Energy levels
- Asthma
- Bronchitis
- Nervousness
- Skin regeneration
- Stress relief
- Soft tissue damage
- Detoxification
- Relaxation
- Depression
- Wellbeing
- **And many more**

Equipment Facts.

- * Highest quality infrared available.
- * Patented SoloCarbon® proven 99% effective.
- * Precise wavelengths best absorbed by the body.
- * Clinically-proven to raise core body temperature.
- * Made of beautiful non-toxic natural wood.
- * Ultra-low EMF technology.

Why Natural Living Chiropractic

I am dedicated to Natural Living for Life for all my patients and that is exactly why I chose to add a very high quality Infrared Sauna to the menu of healing tools you and I can discuss as part of your care.



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